



B&M WEEKDAY MENU



Call 201-391-4373, Email info@bmfoodlovers.com, or Text 844-926-3663.

Please order 2 days before pickup. We must conform your order

FROM OUR KITCHEN – COOKED TO ORDER

CLASSIC APPETIZERS

Homemade Crab Cakes

*Maryland Lump Crab, Shrimp and Scallop with pink
peppercorn horseradish Sauce*
\$7.99 each

Chicken Teriyaki Dumplings

with Sweet Chili Sauce and Soy Sauce.
6 per order | \$8.95

Tuna Tartar

Individual \$17.99 | Family Style | 4 or 7 (GF)

Homemade Tortilla Chips

\$5.49 per bag or Family Style

Mini All-Beef Cocktail Meatballs

2 pounds in Vodka Sauce or Marinara Sauce
\$29.99

Homemade Guacamole

Pint, Quart, or Family Style (GF)

Shrimp Shumai

with Sweet Chili Sauce and Soy Sauce
9 per order | \$9.95

Shrimp Tempura Lollipops

with Sweet Chili Sauce. 1 dozen per order
\$29.99

Hummus

Classic, Roasted Red Pepper, Pesto, or Jalapeño (GF)

Clams Oreganata

1 dozen per order | \$29.99

Homemade Quesadillas

3 Cheese, BBQ Chicken, or Steak

Ricotta Stuffed Artichoke Hearts

1 dozen | \$24.99

Roasted Red Pepper & Asparagus Risotto Balls

1 dozen \$24.99 (GF)

Burrata Stuffed Eggplant

*6 Pieces Of Thin Eggplant Cutlets Stuffed With Burrata
Cheese, Fresh Basil, Roasted Tomato And Homemade
Marinara Sauce | \$41.99*

Tomato Caprese

Vine Tomato, Burrata, Cherry Tomato Salad, Imported Balsamic, Extra Virgin Olive Oil, and Fresh Herbs
Individual OR Family Style (GF)

UNIQUE CANAPES

Franks in a Blanket
Beef Wellington Puffs
Fig & Fontina Triangles
Mini French Onion Soup
Truffled Mac & Cheese Tarts
Artichoke & Spinach Puffs

Mini Kobe Cheeseburger Bites

Steak & Cheese Spring Rolls
Buffalo Chicken Spring Rolls
Mini Chicken Quesadillas
Wagyu Franks in a Blanket
Chicken Parmesan Puffs
Portobello Puffs

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SOUPS – BASED ON AVAILABILITY

Chicken Noodle Soup
Matzo Ball Soup
Pasta Fagioli Soup
Manhattan Clam Chowder
New England Clam Chowder

Lobster Bisque Soup
Italian Wedding Soup
Tomato Basil
Shrimp & Corn Chowder
Broccoli Cheddar

PASTA DISHES

Pappardelle Bolognese
with Prime Ground Sirloin
Serves 2 or Family Style | \$24.99/\$64.99

3 Cheese Baked Ziti
Serves 2 or Family Style | \$19.99/\$59.99

Penne Vodka
with Homemade Vodka Sauce
Serves 2 or Family Style | \$19.99/\$59.99

Linguini With Clam Sauce
Serves 2 or Family Style | \$24.99/\$64.99

Fusilli
with Fresh Mozzarella, Cherry Tomato and Tomato Vinaigrette

Orecchiette
with Italian Sausage, Sautéed Spinach and Lite Red Sauce
Serves 2 or Family Style | \$24.99/\$64.99

Fresh Pasta
GF Gnocchi, GF Ravioli, Classic Cheese Ravioli, Roasted Red Pepper & Mozzarella Ravioli, Lobster Ravioli, more

Dry Pasta
GF and Traditional Available

Homemade Sauces to Compliment Pastas
Bolognese Sauce, Pesto Sauce, Marinara Sauce, Vodka Sauce, Alfredo Sauce, and more...
Sold By Quart And Freezable

PREPARED CHICKEN DISHES (ALL BELL & EVAN'S CHICKEN)

Parmesan Crusted Chicken
with Lemon White Wine Sauce | \$17.99 each

Scallion Chicken Breast-Skin
on Over Jasmine Rice | \$16.99 each

Chicken Parmesan
in Vodka Sauce over Spaghetti | \$17.99 each

Pretzel Crusted Chicken
with Fresh Tomato Salsa and Honey Mustard

Chicken Saltimbocca
\$17.99 each

Seasoned Chicken Parts
Optional BBQ Sauce on Side

Chicken Paillard (GF)

Easy To Warm Up Panko Crusted Chicken

PREPARED PORK DISHES (ALL HERITAGE PORK)

Sweet Chili Pork Chop
over Jasmine Rice | \$18.99/lb (GF)

Boneless Pork Chop Parmesan
in Homemade Marinara Sauce | \$18.99/pound

Stuffed Bone in Pork Chop
with Prosciutto, Fontina, Sautéed Spinach, Roasted Red Peppers and Lite Brown Gravy | \$25.99each

KC Smoked Ribs
in Southern Comfort BBQ Sauce \$17.99/lb (GF)

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PREPARED SEAFOOD DISHES

Wild Grilled Salmon

with Extra Virgin Olive, Salt, Cracked Pepper, Fresh Herbs, and Lemon (GF)

Wild Grilled Salmon

With Sweet Chili Sauce over Black Bean and Corn Salsa | \$19.99each (GF)

Filet of Sole Oreganata

Shrimp Scampi

Over Linguini | Individual Portion | \$25.99

Orange Ruffly Dinner

with Baby Shrimps, Mashed Potato, Grilled Vegetables and Lite Cream Sauce | \$32.99 each

Sesame Crusted Tuna (Served Warm or Cold)

with Wasabi, Soy Sauce and Pink Peppercorn Sauce (GF)

Shrimp Skewers (GF)

ASK ABOUT OUR DELICIOUS HOMEMADE SUSHI

PREPARED BEEF DISHES (ALL NATURAL AND ALL PRIME)

Filet Mignon

with Hollandaise Sauce (optional add Lobster Tail) (GF)

Scallion Skirt Steak

over Jasmine Rice (serves 1 or Family Style) (GF)

NY Strip Steak

Oscar Style with Asparagus and Crab Meat

Steak Fajita

Prime Sirloin, Peppers, Onions, and Fresh Herbs (GF)

PREPARED VEAL DISHES (MILK-FED -- NOT ALWAYS AVAILABLE)

Veal Ossobuco

with Mashed Potatoes and Steamed Broccoli (Individual or Family Style)

Bone-In Veal Parmesan

*with Crispy Prosciutto, Vodka Sauce, Sautéed Spinach and Roasted Red Peppers **OR** Classic with Burrata Cheese, Marinara Sauce and Cherry Tomato*

PREPARED MISCELLANEOUS ENTRÉE DISHES

Cheese Lasagna

Individual or Family Style

Eggplant Parmesan

Meat Lasagna

Individual or Family Style

SIDE VEGETABLE DISHES

Steamed Broccoli

with White Wine and Garlic (GF)

Roasted Cauliflower (GF)

Roasted Asparagus

with Parmesan Cheese (GF)

SIDE DISHES

Roasted Potatoes (GF)

Bacon or Spinach Quiche (GF)

Black Bean and Corn Salsa (GF)

Jasmine Rice (GF)

Mashed Potato (GF)

Creamed Spinach (GF)

Individual Potato Au Gratin (6 per order) (GF)

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KID'S CORNER

Chicken Fingers

Mac & Cheese

French Fries (GF)

Cheese Burger Sliders

FRESH HOMEMADE DELI MEATS (FOR KIDS OR ADULT LUNCH) (GF)

Fresh Deli Sliced Roasted Turkey

Fresh Deli Sliced Virginia Ham

Fresh Deli Sliced Prime Sirloin Steak for Roast Beef

Fresh Deli Sliced Pastrami

Fresh Deli Sliced American Cheese, Swiss Cheese, or Fontina Cheese

FAMILY STYLE MEALS (SERVES 5-6 GUESTS)

Chicken Parmesan Over Spaghetti

Served with House Salad and Baguette | \$64.99

B&M Penne Vodka

Served with House Salad and Baguette | \$59.99

Beef & Broccoli, Vegetable Lo Mein, Vegetable Fried Rice

\$69.99

Southern BBQ Feast

Pulled Brisket in Southern Comfort BBQ Sauce, Pulled Pork in Carolina BBQ, Mac & Cheese, and Homemade Coleslaw | \$74.99

The Italian Sampler

Eggplant Parmesan, Cocktail Beef Meatballs, Chicken Parmesan and Penne Vodka. Served with House Salad and Baguette | \$69.99

The Greek Special

Lamb Gyro Meat, Spanakopita, Tzatziki Sauce, Rice Pilaf, Pitas, Tomato, Lettuce and Onions | \$69.99

Sunday Sauce

Meatballs, Braciola, Sausage, Bolognese Sauce, Pork Ribs, Grated Cheese, Dry Pasta | \$69.99

The Famous Taco Party

Ground Sirloin, Pulled Chicken with Salsa Verde, and Pan Fried Filet of Sole, Guacamole, Enchilada Sauce, Sour Cream, Jack Cheese, Shredded Cheese, Lettuce, Hard Shells and Soft Shells | \$69.99
Serves 7-8 | Grilled Shrimp Substitution \$18 | Grilled Sirloin Steak Substitution \$20

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FROM THE BUTCHER – READY TO COOK

PRIME AND ALL NATURAL STEAKS AND RED MEAT

All Steaks Can Be Seasoned | Some Cuts Need More Than 2 Days And Might Have A Minimum Order

Tri-Tips with Dry Rub

Steaks Or Roasts | Around 1.5-2 Pounds Each

Steve's Special (Heart of The Sirloin)

Extremely Tender | Around 1.5-2 Pounds Each

Gourmet Roast

Prime Sirloin Roast With A Little Fat Cap

NY Strip

8 oz, 16 oz, or Newport Roast

Porterhouse

Serves 2

Bone-In Strip

Skirt Steak

in Scallion Sauce OR Plain

Ground Sirloin

Filet Mignon

Steak or Roast

Short Ribs

Boneless (Stew Meat) | Bone-in (Slow Cooking)

Flank Steak

Bone-In Ribeye

Steak or Roast

Picana Steak

1/2 Pound Specialty Burgers

Sirloin Burger, Bacon & Cheddar Burger, Bergen's Best, Short Rib & Brisket, Mo's Burger

BELL & EVAN'S CHICKEN (ALL NATURAL)

Boneless and Skinless Chicken Cutlets

Butterflied or Whole

Skin-On and Boneless Breast

in Dry Rub

Skin-On and Bone-In Breast or Thigh

in Dry Rub

Bone-In Breasts or Thighs

No Seasoning

Chicken Cordon Blue

Partially Cooked

Broilers

Skin-On and Boneless Thighs and Breasts

in Scallion Sauce

JAINDL TURKEY (ALL NATURAL)

1/2 Turkey Breast

with Dry Rub or Honey Mustard

Full Boneless Turkey Breast

Seasoned or Plain

Whole Turkey

(12-24 Pounds) | Requires 4 day notice

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HERITAGE PORK

Pork Chops

Individual Chops or Roast

Sweet, Hot, or Parsley and Cheese Sausage
Baby Back Ribs or KC Ribs
Pork Shoulder or Pork Butt
Bratwurst

Homemade Hot Dogs

(85% Beef & 15% Pork)

Smoked Kielbasa
Breakfast Sausage
Knockwurst

LAMB (ALL NATURAL FROM COLORADO)

Rib Chops or Racks

Loin Chops (Custom Cut)

Lamb Skewers

Bone-in OR Boneless OR Butterflied Legs of Lamb

VEAL (MILK-FED) – MINIMUM ORDERS

Rib Chops

Loin Chops

Cutlets

WAGYU

Kobe Hot Dogs
Japanese A5 Strips
Specialty Orders

Australian Wagyu Strips, Ribeyes, Roasts,
Filets and Tomahawks
Specialty Orders

